

Flipping the script on cultural gaps in Mental Health and Substance Use Care

It's time to change for ALL. It's a mental health struggle.

When talk turns to substance use, there's general progress in avoiding judgment, moving toward grace-filled sentiment and understanding the mental health struggles behind it.

That grace has not yet extended to communities of color.

Too often, people of color do not experience the understanding and humanity afforded their white counterparts when struggling with substance use. When white people are struggling with substance use, it is often described as a system failure; but when folks of color are struggling, it's often seen as an individual moral failing. This most certainly has impacts on recovery and the overall well-being of folks of color.

This training is FREE through a generous CLAS grant from MN Department of Human Services. ***Find more info and sign up at washburn.org/CLAS***



What you'll learn

Attendees will gain a better understanding of the connection of mental health and substance use in all communities, learn the historical context of certain drugs and how there looked at in society and walk away knowing unhelpful ways to avoid and how to best support someone coping with mental health-related substance use.

The session is presented at the Washburn Center Training Institute by an incredible panel of mental health leaders, including Dr. Roseina D. Britton, Amber Buck, MEd, Dr. Shawn A. Parker and Curby Rogers, LPC.

Enrollment information

Date: Monday June 24, 2024

Sign-In/Check-In: 9:45 a.m. CT

Time: 10 a.m. - 12:30 p.m. CT

Location: 1100 Glenwood Ave, Minneapolis, MN 55405

Price: FREE

Credits: 2.5 CEUs*



washburn.org/CLAS

**Approved by MN Board of Social Work || Pending approval by MN Board of Psychology, MN Board of Behavioral Health and Therapy, & MN Board of Marriage and Family Therapy*

