

TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY (TF-CBT) TRAINING FOR MENTAL HEALTH PROFESSIONALS

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is an evidence-based psychotherapy approach designed to treat post-traumatic stress and related emotional and behavioral difficulties in children and adolescents. Thanks to a grant from the Minnesota Department of Human Services, this training is free for qualified participants. Mental health professionals will gain a comprehensive understanding of TF-CBT and its application in therapy through 4 days of training and 14 consultations. For more information on TF-CBT certification, visit tfcbt.org.



TIME, DATES, & LOCATION



Thursday, May 15, 9am-5pm
Friday, May 16, 9am-5pm
Monday, June 23, 9am-5pm
Tuesday, June 24, 9am-5pm



Washburn Center for Children
Minneapolis, MN

PREREQUISITE

TF-CBTWeb (<https://tfcbt2.musc.edu>) is an online prerequisite for attending this training. If you are accepted for this training, you will need to complete the 10-hour prerequisite which costs \$35. Your certificate of completion would be due by May 5th. If this is not received prior to the training, you will not be able to attend the training.

TRAINERS



David Hong, PsyD, LP

Dr. David Hong is a nationally certified trainer of Trauma-Focused Cognitive Behavioral Therapy and provides training across the United States and internationally. He currently does clinical work in a private practice, where he specializes in services for children, adolescents and immigrant populations, with a focus on trauma.



LaCresha Payne, MSW, LGSW

LaCresha has 17 years of experience working with children, adolescents, and their families. She has co-facilitated racial dialogues with adolescents, provided academic support and guidance, and managed adolescents judicially. She has provided individual and family therapy for the past 9 years with Kente Circle.



Alex Liu, MA, LPCC

Alex is a Clinical Supervisor for the School-Based Therapy Program through Washburn Center for Children. Alex also comes with extensive experience working in preschool mental health day treatment settings. Alex became TF-CBT Certified in 2019 and has used the model with mostly elementary school-aged children.

TARGET AUDIENCE & CRITERIA FOR PROSPECTIVE TRAINEES

- ✓ Our TF-CBT training program is designed for MN-based therapists to learn the basics of TF-CBT as well as advanced applications of TF-CBT to special populations/clinical presentations such as: foster care, African-American youth, youth on the autism spectrum, LGBTQ+ youth, traumatic grief, youth with problematic sexual behaviors, and more.
- ✓ Trainees must be licensed/licensed-eligible therapists in mental health and interested in becoming certified TF-CBT providers.
- ✓ Trainees must have agency support for TF-CBT materials, sufficient training time, and referrals of at least 2-4 TF-CBT cases in the 14 months following the training.
- ✓ Trainees must see an active caseload of age-appropriate children/adolescents (ages 3 - 18) who have a clear memory of their trauma as well as access to an engaged support person/caregiver.

INTERESTED?

If you think you are a good fit for this training opportunity, please complete the form at this link:

<https://tinyurl.com/MayJune2025>

Space is limited.



POST-TRAINING REQUIREMENTS FOR TF-CBT CERTIFICATION

- ✓ After completion of the training, participation in monthly 14 (1) hour group consultation zoom meetings.
- ✓ Meetings take place every month over the course of 14 months, and at least 9 of the meetings must be attended to qualify for certification.
- ✓ Meetings will focus on the implementation of the model with clients, as well as complex client issues that can emerge.
- ✓ As such, it is strongly recommended that trainees have several TF-CBT cases identified at the outset of training and a system in place in order to ensure ongoing TF-CBT referrals.